



PRESENTATION

The 2nd International Gerontology and Geriatric Congress - 'Aged Myths about Aging: From the cult of the body to the beautification of the soul' is an initiative of the Escola Superior de Educação João de Deus, (ESEJD).

The observation and the analysis based on the following diagram lead us to develop this 2nd convention.

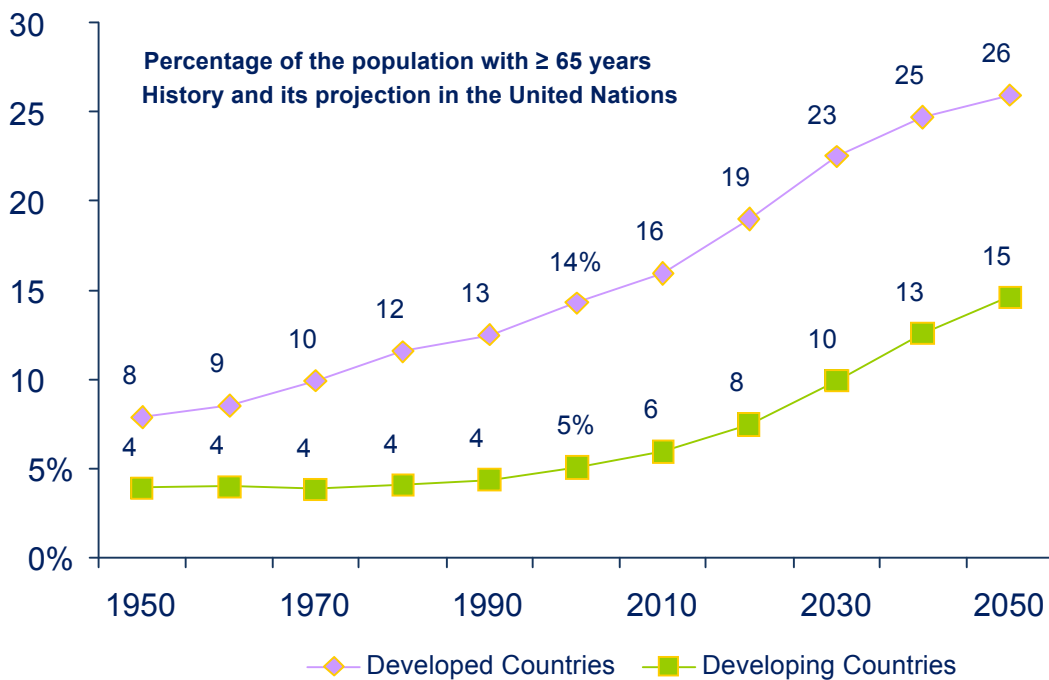


Figure 1 – Adapted from 'UN 2005'

This scientific event has as its objective “ to walk in the path of the rainbow” of health, sickness, and in the diverse strategies of the aging process, aging, old age and dying with dignity.

Aging gracefully is learned in the learning from life, it's about the internal dynamics of relational communication between body and mind, psyche and soma and spirit and soul; we hope with this event to find answers to all these uncertainties.

Despite all scientific and technological advances the majority of investigators, scientists, gerontologists, doctors, nurses, psychologists, sociologists, etc., continue to attribute merit to the disease and not the person. Therefore, it becomes urgent to reflect upon and investigate the biology of both the individual and the illness.

Transpersonal therapists know the value of the disease as a vicarious experience of being ill. Illness contributes to the change of behaviours and habits. Healing happens when madness is healing, that is, when there is sound interaction between mind and body, psyche-soma, and spirit and soul.

We live in a global village where the population is aged and is aging at a hallucinating rhythm and this is profoundly modifying gerontological care. Aging is accelerated and unprecedented in Portugal, in Europe, on the African continent and in the rest of the world, causing profound implications to social, economic and political lives.

Thus, there is an urgency to promote, in a holistic domain, an in depth study of the role of the aged and to treat/care for the elderly.

We will in this congress dissect the aging theories, from genetic fatalism to factors of social detachment.

The aging process is hampered by puzzles and paradigms dubbed with stochastic and deterministic theories. Both, search to beautify the soul so that on the day of our departure (passage) to another port (world), there be mercy where our heart is and that the body becomes the cult of metamorphosis and aging, having pride and respect for the wrinkles that engrave it of the aging from the 1st day of it's conception.

What is in the mind is in the body. Our body functions as a panel of luminous instruments that mirror the problems of the soul and the mind through symptoms, which are printed as illness upon our bodies.

Illness becomes a way of life when the mind that lies makes us mad to avoid madness, resulting in rage.

The mind communicates psychologically and anatomically with the body through peptide molecules that are fabricated by the mind (brain) and by the immune system.

Investigation in psycho-neuro immunology and psycho-oncology is encouraged in order to understand the feelings of chemistry that link the psyche to the soma. There are about 70 types of peptides and we are what we think. Thought communicates the production of serotonin, endorphins, interferon, cortisol, and others to the brain, which will in turn shape our behaviour.

Welcome all.

The President of the Congress
Joaquim Parra Marujo

OBJECTIVES

In order to understand the feelings and or chemistry that connect the psyche to the soma of the aged, the 2nd International Gerontology and Geriatric Congress has as it's objective:

- Become an event of reference in the areas of gerontology and Geriatrics.
- Share *unidisciplinary* and *transdisciplinary* theories, experiences and knowledge in order to promote a prosperous and active life for the aged.
- Launch investigation, training, innovation and technology aiming at the present and future expectations of the aged.
- Promote the participation of socio-cultural and scientific nature of the universities, senior academia and institutions connected to the problematic of the "old".
- Promote proposals related to gerontology and geriatrics dealing with dependency and mobility
- Publish a CD containing the minutes of the Congress registered on ISBN

Scientific Commission

Prof. Doutor Álvaro Rodriguez Díaz – Universidade de Sevilha

Prof. Doutor Félix Talego – Universidade de Sevilha

Prof. Doutor Horácio Saraiva - Escola Superior de Educação João de Deus

Mestre Dr. João Beauclair -

Prof. Doutor Joaquim Marujo – Escola Superior de Educação João de Deus

Prof. Doutor Juan Maestre Alfonso – Universidade de Sevilha

Prof. Doutor Luis Larcher - Escola Superior de Educação João de Deus

Prof. Doutor Marcelino Lopes - UTAD

Prof. Doutor Miguel Roiz Celix – Universidade Complutense de Madrid

Prof. Doutor Pedro Orlando Rodrigues - Faculdade de Ciências Médicas, da Universidade Nova de Lisboa

Prof. Doutor Salvador Rodriguez Becerra – Universidade de Sevilha

Prof. Doutor Vitor da Fonseca - Escola Superior de Educação João de Deus

Prof^ª. Doutora Carmen Anula Castells – Universidade de Sevilha

Prof^ª. Doutora Guilhermina Moutinho – Instituto Superior de Ciências da Saúde Egas Moniz

Organizing Commission

Ana de Sousa

Filipe Branco

Jaime Santos

Joaquim Marujo

Judite Marote

Paula Branco

Rui Cunha

1st, 2nd and 3rd year Honors Gerontology students

Official Languages

Portugues, English and Spanish

Program – (under construction)

Guest Lecturers

Dr. António Ponces de Carvalho (opening ceremony) – Director da Escola Superior de Educação João de Deus

Prof. Doutor Joaquim Marujo (opening ceremony) – Coordenador da Licenciatura em Gerontologia Social, Escola Superior de Educação João de Deus

Prof. Doutor Pedro Orlando Rodrigues - Faculdade de Ciências Médicas da Universidade Nova de Lisboa

Prof. Doutor Horácio Saraiva - Escola Superior de Educação João de Deus

Prof. Doutor Manuel Domingos –

Prof. Doutor Vitor da Fonseca - Escola Superior de Educação João de Deus

Prof. Doutor Luis Larcher - Escola Superior de Educação João de Deus

Prof: Doutor Marcelino Lopes - UTAD

The 2nd International Gerontology and Geriatric Congress- 'Aged Myths about Aging: From the cult of the body to the beautification of the soul' is directed to:

Gerontologists, Doctors, Nurses, Pharmacists, Social Services, Sociologists, Social Education, *Designers*, Education Sciences, Students, Seniors and others interested in Gerontology and Geriatrics.

Registration PRICES

Until June 9th

Students* – 40 Euros

Professionals – 80 Euros

From June 10th

Students* – 50 Euros

Professionals – 100 Euros

* A student I.D. must be attached to registration.

How to Register

1- Visit www.esse-ideus.edu.pt/gerontologia/ and fill in the online form.

Registration will only be accepted if done online.

2- Send proof of bank transfer to: anadesousa@escolasjoaodeus.pt and jmarujo@jmarujo.com or by mail.

Checks that are made out to: Escola Superior de Educação João de Deus, must be mailed to:
Escola Superior de Educação João de Deus
Av. Álvares Cabral, 69
1369-094 Lisboa

SUBMISSION OF ABSTRACTS

Instruction for the submission of communication abstracts ORAL/POSTER

Date of limit of submission: 01.05.2010

Format: The character limit for the abstract (resume), excluding the title and information about authors, is 1500 characters (including spaces). The *abstract* must be on an A4 page having margins of 2 cm. Standards of *American Psychological Association must be used* (APA, 2001 – 5^a edition) for references and presentation of results. Lettering to be used is Arial 11, and paragraphs must be single spaced and justified (exceptions below):

- Title (Capitals, Bold, Maximum of two lines).
- Authors – Last Name, First Name Initial Only; Maximum of 6 Authors (Bold)
- Affiliation – Institution, Department (Arial 10 pt)

Submissions will be evaluated by the Scientific Commission and subject to online publication.

Note that no alteration to the title, authors or to the text of the *abstract* will be allowed after it is submitted.

After it's submission an email will be sent confirming submission. Decision made concerning submission, which is accepted, will be sent until May 10th, 2010. There will not be any information available before that time.

STANDARS FOR SENDING ABSTRACTS

Abstracts must be sent to:

anadesousa@escolasjoaodeus.pt & jmarujo@jmarujo.com

Subject of Email:

Submission – Title, Name of 1st author

Attachments, done in *Microsoft Word*, must have the name of the 1st author.

The body of the email must have the following text:

Attached includes the following *abstract*: "TÍTULO", authors, of that which is submitted
ORAL/POSTER (delete what is not wanted).

Contact:

Author's *email*:

SUBMISSION OF POSTERS**Instructions for the submission of posters**

Deadline for submission: 01.06.2010

Format:

Posters must be: 90x120 cm.

The organization may choose not to use posters, which are out of context or those which are not of good graphic nature.

Submission of *posters* is limited to congressionists who have signed up for the Congress.

The maximum number of authors per poster is 3, one of the authors must be present at the Congress for the purpose of clarifying its context.

The organizing commission of the event will evaluate submissions.

After it's submission an email will be sent confirming submission. Decisions made concerning submissions, which are accepted, will be sent until June 10th, 2010. There will not be any information available before that time.

Submissions must be sent to:

anadesousa@escolasjoaodeus.pt & jmarujo@jmarujo.com

SUBMISSION OF ARTICLES

Deadline: June 1st 2010

Articles must have the same format as Abstracts

CONTACTS**CONGRESS LOCATION:**

Library of Escola Superior de Educação João de Deus

ADDITIONAL INFORMATION

Secretariado do Congresso Internacional de Gerontologia e Geriatria

Escola Superior de Educação João de Deus

Av. Álvares Cabral, 69

1269-094 Lisboa

Tel: 213 968 154 Fax: 213 967 183

Email: anadesousa@escolasjoaodeus.pt & jmarujo@jmarujo.com