



Anne Ancelin Schützenberger
International School of Transgenerational Therapy

LIGHTS AND SHADOWS OF OUR ANCESTORS

TRANSGENERATIONAL WORKSHOP

The next international workshop in Psychogenealogy and Transgenerational Therapy, “**Lights and Shadows of our Ancestors**”, with **Leandra Perrotta** and **Manuela Maciel**, will be held on the **11th and 12th February 2023**.

Family legacies play a direct role in the formation of emotional symptoms and can cause repetitive patterns of behaviour such as the “anniversary syndrome” or “invisible loyalty” which are repeated from one generation to the next. Future generations preserve their loyalty and deal with trauma and unfinished business by accommodating to dysfunctional patterns in the family of origin and re-enacting similar life scripts.

This workshop is designed to give an opportunity for personal exploration and professional development, in a safe and supportive environment. We will engage with relevant theories as well as understand and experience Transgenerational Methods. Some of the clinical tools and techniques which will be demonstrated during the workshop comprise the Genosociogram, Transgenerational Psychodrama and other expressive methods. The Transgenerational Therapy Workshop is valid for the CPTT training, but it is also open as an experience on its own to anyone who would like to explore Transgenerational issues for personal or professional reasons.

TRAINING IN TRANSGENERATIONAL THERAPY

This workshop is part of the requirements for certification as **PRACTITIONER IN PSYCHOGENEALOGY AND TRANSGENERATIONAL THERAPY (CPTT)** at the Anne Ancelin Schützenberger International School of Transgenerational Therapy. The training takes place in six weekend modules online.

WORKSHOP SCHEDULE:

Saturday and Sunday 11th / 12th February: 10:00 - 13.15 & 14:15 - 17:30 Central European Time (Oslo time).

LANGUAGE: English will be the main language used in the workshop. Language is a cooperative effort and translation will co-creatively offered with help from the group.

VENUE: All participants will receive a dedicated link to the workshop on the online platform of Zoom.

FEE: Price of the Workshop:

Early Bird registration until 1st December 2022: €330

Late Bird registration after 2nd December 2022: €370

SPECIAL FEE: There is a special workshop fee of **€290** for **participants registered in the CPTT training**. Registration in the workshop must take place before **1st December 2022** to partake of this reduced fee.

To confirm your registration in the workshop, please fill out the application form and send a bank transfer. The details are below. Please write “Transgenerational Therapy” in the subject of the transfer.

Anne Ancelin Schützenberger International School

Bank Millenium BCP, Portugal

IBAN: PT50 0033 0000 4556 2756 9690 5. BIC/SWIFT: BCOMPTPL



Anne Ancelin Schützenberger **International School of Transgenerational Therapy**

Anne Ancelin Schützenberger
(France)



Founder of the Anne Ancelin Schützenberger
International School of Transgenerational Therapy

Anne developed the main concepts of Psychogenealogy and her clinical and academic experience is focused on Transgenerational Transmission. She is one of the main pioneers in the field of transgenerational therapy. Anne is Professor Emeritus at the University of Nice, France. She was trained in psychodrama by J. L. Moreno and by Jim Ennis in the United States; in group-dynamics and psycho-sociology with Kurt Lewin's group, Leon Festinger and Ronald Lippitt. Anne has over 40 years of experience as a therapist and analyst and is a well-respected authority, particularly in the field of Group Psychotherapy and Psychodrama. Anne trained, conducted groups and lectured in psychogenealogy, psychodrama, nonverbal-communication, group-psychotherapy until her death in 2018 at 99 years old.

Manuela Maciel
(Portugal)



Trainer and Supervisor at the Anne Ancelin Schützenberger
International School of Transgenerational Therapy

Manuela is a Clinical and Social Psychologist, and Psychodrama Director for 30 years. She is experienced individual, group and educational therapist. She was the Chairperson of the Psychodrama Section of the IAGP - *International Association of Group Psychotherapy and Group Processes* (2003-2009). Member of the board, supervisor and teacher in the Portuguese Psychodrama Society (SPP). Manuela was trained in Psychogenealogy by Anne Schützenberger and has additional training in cognitive-behavioral therapy and EMDR. She was Founder and President of EMDR Portugal and Founder and Consultant of International Sociodrama Conference (2007-2018). She edited books and articles in Psychodrama, Sociodrama and Transgenerational Therapy. She wrote the Preface of Portuguese Edition *Le Plaisir de Vivre*, Editora Sinais de Fogo, 2008.

Leandra Perrotta
(Italy/Australia)



Trainer and Supervisor at the Anne Ancelin Schützenberger
International School of Transgenerational Therapy

Leandra is an Italo-Australian Clinical Psychologist, Psychotherapist, Psychodrama Trainer, Dance Movement Therapy Trainer and Transgenerational Therapy Trainer, living in Norway. She is a Trainer and Supervisor at the *Anne Ancelin Schützenberger International School of Transgenerational Therapy*, and a teacher at IPAP - *Post graduate Institute of Analytical Psychology and Jungian Psychodrama*. She is former President of FEPTO - *Federation of European Psychodrama Training Organization*. Her professional interests include Dreams, Psychogenealogy, Sexuality, and Trauma. Some of her published writings include: "Reconnecting with Ancestral Roots: Transgenerational Psychodrama in Brazil" in *Public Psychodrama in Contemporary Times*, Agora, 2016; "Transgenerational Echoes of Violence: Jungian psychodrama as a Path to Individuation" in *Daphne and the Centaurs – Overcoming Gender based Violence*, Barbara Budrich Publishers, 2013.

Yaacov Naor
(Israel)



Trainer and Supervisor at the Anne Ancelin Schützenberger
International School of Transgenerational Therapy

Yaacov is a Certified Psychotherapist and Trainer in Psychodrama, Group Psychotherapy and Expressive Arts Therapy. He is an expert on Transgenerational Transmission of Trauma. Yaacov is a founding member and served on the council of FEPTO - *Federation of European Psychodrama Training Organizations* and Past Chair of the IAGP - *International Association of Group Psychotherapy and Group Processes*. Yaacov died in 2018.